Four tens is forty.  
Four-fold is four times more.  
Four seasons in a year, 
Four-twenty is four-score.  

Four balls you're on first base, 
Four sides in the Great Square.  

Four quarts in a gallon make Four litres be beneath a chair.  
Four eight twelve sixteen twenty twenty-four twentyeight, thirty-two thirty-six and forty.  

Four quarts in a gallon make Four four twentyeight, thirtysix and then comes forty.